

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Myself and my relationships Beginning and Belonging	Myself and my relationships. Family and friends	Myself and my relationships. My emotions.	Healthy and safer lifestyles My body and growing up	Healthy and safer lifestyles Keeping safe	Citizenship Identity and diversity.
Year 1/2 Cycle A	Rights Rules and Responsibilities	My Emotions M Anti Bullying	Diversity and Communities	Relationships and Sex Education	Personal safety	Digital Life Styles Managing Change
Year 1/2 Cycle B	Beginning and Belonging	Family and Friends	Working Together	Relationships & Sex Education	Managing Safety and Risk	Healthy Lifestyles
Year 3/4 Cycle A	Rights Rules and Responsibilities	My Emotions Anti Bullying	Diversity and Communities	Relationships & Sex Education	Personal safety	Digital Life Styles Managing Change
Year 3/4 Cycle B	Beginning and Belonging	Family and Friends Anti Bullying	Working Together	Relationships & Sex Education	Managing Safe risk	Healthy life Styles
Year 5/6 Cycle A	Rights Rules and Responsibilities	My Emotions ME Anti-Bullying	Diversity and Communities	Relationships & Sex Education	Personal safety Drug Education	Digital Life Styles Managing Change
Year 6 Cycle B	Beginning and Belonging	Family and Friends Anti Bullying	Working Together Financial Capability	Relationships & Sex Education	Managing Safety and Risk MSR56	Healthy Lifestyles HL Relationships & Sex Education (year 6 only)